



January 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>K=Knickerbocker Café S = Sugar Loaf Studio RR = Rhinebeck Room BC = Business Center Tux = Tuxedo Room 1015 = Exercise Room</p>		<p>1 New Years Day New Years Buffet 11:30 and 1:30 Seating</p>	<p>2 10am - Mahjong - CL Chester Shopping Shuttle 2:15 - Prayer Group - S 2:30 - Ping Pong -1015 4pm - Cocktail Hour – Pub 6:45 - Movie Night - RR</p>	<p>3 11am - Tai Chi Class - 1015 2pm - Technology Help Class - BC 3:00 –Trivia Tournament</p>	<p>4 9:30am Coffee Hour 11:30 - Resident Lunch – Untrim the Tree and Bryan Lammers Entertainment - RR 3pm - Line Dancing 7pm - Dime Bingo - RR</p>	<p>5 10 am to 2 pm - Arts -n- Crafts - Apt 2032 6:45pm - Movie Night</p>
<p>6 Church Services Shuttles - departs 9:30 am* 3pm - Vocal performance by Julia Cohen accompanied by Jeff Cohen</p>	<p>7 11am - Painting - S 1pm - Wii Bowling 3pm - Mexican Train Dominoes - C</p>	<p>8 10am - Bridge \$ - RR 11am -Holistic Wellness-S 3pm - Yoga Class - 1015 6:45 - 3rd Fl E&W Mtg–C</p>	<p>9 10am - Mahjong - CL Chester Shopping Shuttle 2:15 - Prayer Group - S 2:30 - Ping Pong -1015 4pm - Cocktail Hour – Pub 6:45 - Movie Night - RR</p>	<p>10 11am - Tai Chi Class - 1015 2pm - Technology Help Class - BC 3:00 –Trivia Tournament</p>	<p>11 9:30am Coffee Hour 3pm - Line Dancing 7pm - Dime Bingo - RR</p>	<p>12 10 am to 2 pm - Arts -n- Crafts - Apt 2032 6:45pm - Movie Night</p>
<p>13 Church Services Shuttles - departs 9:30 am* 2pm Montgomery Music Series Concert Trip- The Horszowski Trio</p>	<p>14 11am - Painting - S 1pm - Wii Bowling 3pm - Mexican Train Dominoes - C</p>	<p>15 10am - Bridge \$ - RR 3pm - Yoga Class - 1015</p>	<p>16 10am - Mahjong - CL Chester Shopping Shuttle 2:15 - Prayer Group - S 2:30 - Ping Pong -1015 4pm - Cocktail Hour – Pub 6:45 - Movie Night - RR</p>	<p>17 11am - Tai Chi Class 12pm - Restaurant Lunch Delivered to RR - Details to come 2pm - Technology Help Class - BC 3:00 –Trivia Tournament</p>	<p>18 9:30am Coffee Hour 10am -Art Therapy - RR 2pm - Resident Association Meeting - RR 3pm - Line Dancing 7pm - Dime Bingo - RR</p>	<p>19 10 am to 2 pm - Arts -n- Crafts - Apt 2032 6:45pm - Movie Night</p>
<p>20 Church Services Shuttles - departs 9:30 am* 3pm - Downton Abbey Episodes - RR</p>	<p>21 Martin Luther King, Jr. Day 11am - Yomenco Demo Class - RR 1pm - Wii Bowling 3pm - Mexican Train Dominoes - C 3:30 - Goshen Library</p>	<p>22 10am - Bridge \$ - RR 11am -Holistic Wellness-S 3pm - Yoga Class - 1015</p>	<p>23 10am - Mahjong - CL Chester Shopping Shuttle 2:15 - Prayer Group - S 2:30 - Ping Pong -1015 4pm - Cocktail Hour – Pub 6:45 - Movie Night - RR</p>	<p>24 11am - Tai Chi Class - 1015 2pm - The “Eyes” Have It - Workshop with Nancy 3:30 –Trivia Tournament</p>	<p>25 9:30am Coffee Hour 12pm - Pizza Party with Music by Walt Pauselius - RR 3pm - Line Dancing 7pm - Dime Bingo - RR</p>	<p>26 10 am to 2 pm - Arts -n- Crafts - Apt 2032 6:45pm - Movie Night</p>
<p>27 Church Services Shuttles - departs 9:30 am* 1pm - Pets Alive Humane Education Program</p>	<p>28 11am - Painting - S 1pm - Wii Bowling 3pm - Mexican Train Dominoes - C</p>	<p>29 10am - Bridge \$ - RR 3pm - Yoga Class - 1015</p>	<p>30 10am - Mahjong - CL Chester Shopping Shuttle 2:15 - Prayer Group - S 2:30 - Ping Pong -1015 4pm - Cocktail Hour – Pub 6:45 - Movie Night - RR</p>	<p>31 11am - Tai Chi Class - 1015 2pm - Technology Help Class - BC 3:00 –Trivia Tournament</p>		<p>Exercise Classes and Transportation schedule are listed on the insert that came with this calendar</p>