

October 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Exercise Classes and Transportation schedule are listed on the insert that came with this calendar	1 11am - Painting - S 1pm - Wii Bowling 3pm - Mexican Train Dominoes - C	2 Podiatrist Is In 10am - Bridge \$ - RR 11am - Holistic Wellness-S 1pm-Middletown Shopping 3pm - Yoga Class - 1015 7pm - Dime Bingo! - RR	Pub 6:45 - Movie Night - RR	4 10am - Harness Muse- um Guided Tour 10:30 - Shuffleboard/ Bocce Ball 2pm - Technology Help Class - BC 3:00 - Trivia Tournament	5 9:30am Coffee Hour 11:30 - Resident Lunch and 100th Birthday Celebration - RR 3pm - Line Dancing 7pm - Dime Bingo - RR	10 am to 2 pm - Arts-r Crafts - Apt 2032 1:30- Stone House Tou 6:45pm - Movie Nigh
7 Church Services - Bus departs 9:30 am* 3pm - Craft Group with Student Volunteers - RR	8 Columbus Day 11am - Art Therapy- RR 1pm - Wii Bowling 3pm-Mexican Dominoes- C 3:30 - Goshen Library Discussion Group	9 10am - Bridge \$ - RR 11am -Holistic Wellness-S 1pm-Middletown Shopping 3pm - Yoga Class - 1015 7pm - Dime Bingo! - RR	10 10am - Mahjong - CL 1pm - Chester Shopping 2:30 - Ping Pong -1015 4pm - Cocktail Hour – Pub 6:45 - Movie Night - RR	11 10:30 - Shuffleboard/ Bocce Ball 2pm - Technology Help Class - BC 3pm-2nd Fl E&W Mtg-Tux 3:00 - Trivia Tournament	12 Senior Olympics— Bocce Ball and Shuffle- board at the Sports Courts 8:30am—3pm	10 am to 2 pm - Arts-n Crafts - Apt 2032 6:45pm - Movie Night
Church Services - Bus departs 9:30 am* 2:30pm - Pride of the Hudson Fall Foliage River Cruise - RR	11am - Painting - S 2pm - Silverado Steppers Perform 3pm - Mexican Train Dominoes - C	16 10am - Bridge \$ - RR 11am -Holistic Wellness-S 1pm-Middletown Shopping 3pm - Yoga Class - 1015 7pm - Dime Bingo! - RR	17 10am - Mahjong - CL 1pm - Chester Shopping 2:30 - Ping Pong -1015 4pm - Cocktail Hour – Pub 6:45 - Movie Night - RR	18 10:30 - Shuffleboard/ Bocce Ball 2pm - Technology Help Class - BC 3:00 - Trivia Tournament	19 9:30am Coffee Hour 10am - End of Season Goshen Farmer's Market Trip 3pm - Line Dancing 7pm - Dime Bingo - RR	10 am to 2 pm - Arts-n Crafts - Apt 2032 6:45pm - Movie Nigh
Church Services - Bus departs 9:30 am* 3:30pm - Downton Abbey Episodes - RR	12pm - Kelly Jeans Lunch Trip	23 10am - Bridge \$ - RR 11am -Holistic Wellness-S 1pm - Chester Shopping 3pm - Yoga Class - 1015 7pm - Dime Bingo! - RR	24 10am - Mahjong - CL 2:30 - Ping Pong -1015 4pm - Cocktail Hour – Pub 6:45 - Movie Night - RR	25 10:30 - Shuffleboard/ Bocce Ball 2pm - Technology Help Class - BC 3:00 - Trivia Tournament	26 9:30am Coffee Hour 2pm - Resident Association Meeting - RR 3pm - Line Dancing 7pm - Dime Bingo - RR	27 10 am to 2 pm - Arts-n Crafts - Apt 2032 6:45pm - Movie Night
Church Services - Bus departs 9:30 am* 2pm - Family Halloween Party and Magic Show with David Corsaro - RR	29 11am - Painting - S 1pm - Wii Bowling 1:30 - Whitecliff Vineyard Trip 3pm - Mexican Train Dominoes - C	30 10am - Bridge \$ - RR 11am -Holistic Wellness-S 1pm-Middletown Shopping 3pm - Yoga Class - 1015 7pm - Dime Bingo! - RR	31 Halloween 10am - Mahjong - CL 1pm - Chester Shopping 2pm - Halloween Party and Casino Afternoon 4pm - Cocktail Hour – Pub 6:45 - Movie Night - RR	OCT		K=Knickerbocker Café S = Sugar Loaf Studio RR = Rhinebeck Room BC = Business Center Tux = Tuxedo Room 1015 = Exercise Room